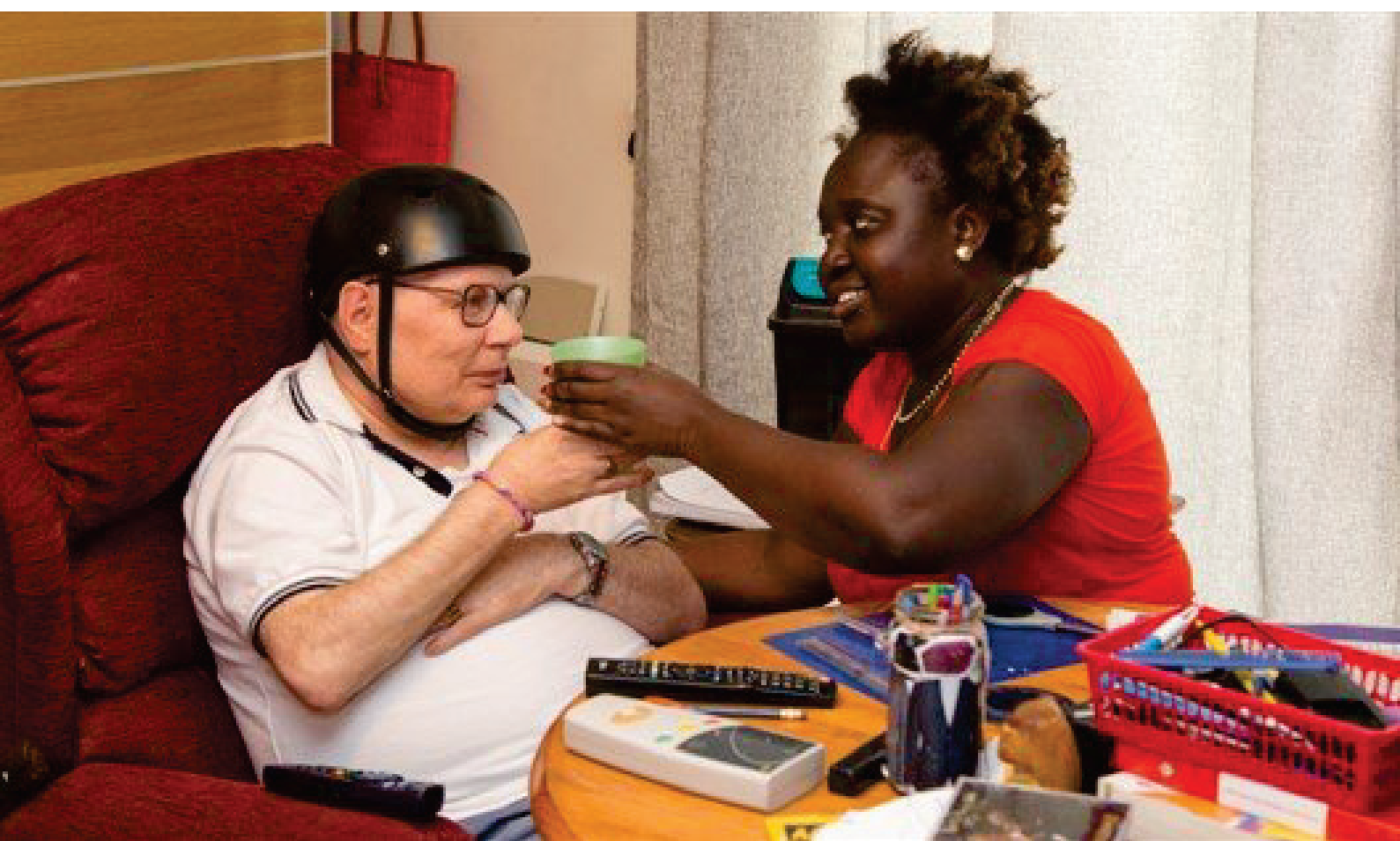


Enham Trust

How we care for you



Easy read booklet

Summer 2020

About us



We are Enham Trust. We have 3 care homes. They are called Elizabeth, Michael and William. They are for people age 18 or older who have a disability.



You live in 1 of these homes. This is a place where you will get any help you need and will learn how to do things for yourself.



We want you to live, work and enjoy life.



We will make sure that you get all the support you need so that you can enjoy life.

About this booklet



Last year we started to think about changing the way we care for people in our homes. We wanted to make our care better.



We asked lots of people what they thought. This included

- people who work in our homes
- families of people who live in our homes
- and people like you who live in our homes.



We are now making some changes to the way we care for you. These changes will help you learn to do things for yourself.



This booklet tells you about what is changing and how this affects you.

The Care Quality Commission



The Care Quality Commission is an organisation that makes sure all care services in England are safe and work well.



The Care Quality Commission has lists of different types of care. Our care service will now be on the **Personal Care** list.



Personal Care means we help with things like

- washing
- bathing
- cleaning
- getting dressed
- going to the toilet.



The Care Quality Commission says that the personal care we already give is good.

Where you live



Your care home has 2 floors. Each floor will have staff who will work with you.



This means you can live in your own place with your own front door. You can also go to shared places and join in with activities and make friends.



If you live in Elizabeth House, we will give you support through the day if you need it. We will help you learn to do things and to go out to places in the local area.



If you live in Michael or William House, we will give you support through the day and the night if you need it. Like Elizabeth House, we will help you learn to do things and go to the places you want to.

Support



Your social worker works out what support you need.



After your support has been agreed by the right people, we will work together to make sure you get this support.



We will

- keep records of your support
- help with personal care
- help with any medicine you take
- help you live the life you want.



More about Support



We will help you learn to do things for yourself. This means we might help you

- go shopping
- cook meals
- keep your home clean and tidy
- go out to a café, or the cinema
- go to see your doctor or dentist.

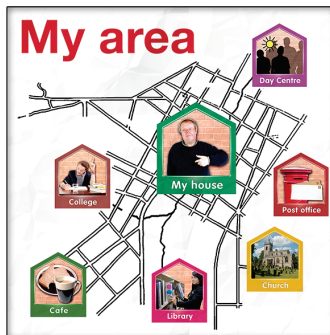


We will also help you to get **benefits** to pay for your care. **Benefits** means money from the government like Universal Credit.



We will help you to get advice about how to look after your money.

Live, work and enjoy life



We will help you join in activities in Enham, and further away.



This means things like

- visits to family and friends
- trips out
- holidays.



You might need to pay for these activities. We will give you advice and help you work this out.

Get in touch



If you want to talk to us about your support call this telephone number
01264 345800



Send an email this address
info@enhamtrust.org.uk



Find out more on our website
www.enhamtrust.org.uk



The full version of this document is called Enham Trust Care Model - Summer 2020 Charity No. 211235